



## Risk Assessment and Management Plan for Age Grade Rugby Activities 2023/24 Season

This process must be carried out giving full consideration to the following matters and in compliance with them:

- Jersey Sport Guidance
- [Rugby Football Union Regulations](#)
- M&Js Policies and Procedures
- M&Js Travel Risk Assessment
- JRFC First Aid Risk Assessment

Risk / issue	Mitigation/Guidance	Actions	Responsibilities
<b>HEALTH AND WELFARE</b>			
First Aid	First aid provision will be available for any minor injuries by RFU qualified emergency first aiders in line with <a href="#">RFU COMMUNITY RUGBY: PITCH-SIDE FIRST AID &amp; IMMEDIATE CARE PROVISION GUIDELINES</a>	Refer to First Aid Risk Assessment.	Committee/EFAs
Toilet/changing facilities	Toilets are available on Pitch 1  Changing rooms will be used for home matches only.	Clean/check toilets at regular intervals  <a href="#">RFU safeguarding considerations for changing rooms</a> guidance will be followed.	Committee
Safeguarding	M&Js Safeguarding policies and procedures apply to all rugby activities.	All M&Js coaches/volunteers will be registered and DBS checked.	Coaches/ Managers/ Committee

Risk / issue	Mitigation/Guidance	Actions	Responsibilities
	<p>All participants will be registered with M&amp;Js through the RFU GMS.</p> <p>Managers will hold medical/consent information securely containing emergency contact details for all participants.</p>	<p>Additional volunteers must be supervised by a DBS checked volunteers at all times and need to be registered with M&amp;Js and RFU DBS checked if they are going to present at 3 or more sessions with a 30 day period (Regulated Activity).</p> <p>The RFU recommended minimum ratio of DBS checked adults to children:</p> <ul style="list-style-type: none"> <li>• 1:10 for children over 8 years old aged at least 9</li> <li>• 1:8 for children under 8 years old aged 7 and 8</li> <li>• 1:6 for children under 7 years old</li> </ul> <p>If any child makes a disclosure of concern or displays any indicators of concern to a coach, the coach should contact the Club Safeguarding Officer immediately.</p>	
Communication	Managers/Lead Coaches etc. will communicate safely and effectively with parents/carers, children and young people.	<p>Volunteers, parents and players will abide with the RFU <a href="#">Code of Conduct</a></p> <p>For older age groups (U16s/Colts etc.) to support communication, group messaging including players may be used on the condition that each young person's parent/carer is also be a member of the group.</p> <p>Children/young people should not be communicated with directly via telephone/email/messaging/WhatsApp etc. without a parent/carer copied into all communications.</p>	<p>All</p> <p>All</p> <p>All</p>

Risk / issue	Mitigation/Guidance	Actions	Responsibilities
		Managers should take care when setting up group communications to ensure consent has been sought before adding individuals.	Managers
		Managers should monitor content and report any concerns to the Club Safeguarding Officer.	Manager/CSO
Safety and Welfare	Children's safety and welfare will be protected and maintained	Decisions based upon weather/pitch conditions will be made by M&Js Chair following assessment. This will be communicated to Managers to cascade where necessary.	Committee
		Lead coaches will carryout dynamic risk assessment as part of session planning and monitoring – considering weather/pitch conditions, abilities etc.	Lead coaches
		Managers will remind parents of appropriate clothing/layering etc.	Managers
		Mouthguards must be worn for any contact activity	Parents/carers
		All children must bring a named water bottle to ensure adequate hydration	Parents/carers
		While all parents/guardians should remain on the premises throughout a session, it is particularly important for children up to and including the age of under 11s.	Parents/carers
Rugby Activities	Coaches will follow the RFU guidance regarding age grade regulations and changes to ensure that activities reflect best practice, regulatory requirements and prioritise injury prevention.	Lead coaches to ensure rugby activities in line with: <a href="https://www.englandrugby.com">Age Grade Rugby (englandrugby.com)</a>	Coaches
		Training and updates to be arranged for volunteers	Committee

<b>Risk / issue</b>	<b>Mitigation/Guidance</b>	<b>Actions</b>	<b>Responsibilities</b>
Car parking	Parking will be available at Strive with overflow parking available at the Club House and on Pitch 6	Designated car parks will be sign posted. A parking attendant will be present on Sunday mornings or at other times when large numbers of cars are expected to improve safety and traffic flow.	Committee